

BRITISH MASTERS WEIGHTLIFTING FEDERATION
BAWLA SOUTHERN MASTERS WEIGHTLIFTING CHAMPIONSHIPS 2022
 BETHNAL GREEN WL CLUB, LONDON
SATURDAY, 19 AND 20 NOVEMBER 2022

GROUP	START No.	GIVEN NAME	FAMILY NAME	CLUB	AGE GROUP	BODYWEIGHT kg	HT CATEGORY	SNATCH kg			BEST RESULT SNATCH	JERK kg			BEST RESULT JERK	TOTAL	SHMF	PLACE
								1	2	3		1	2	3				
2	1	Voula	Karavias	Magni Strength	W60	59	57.4	34	x37	37	37	44	47	49	49	86	216.26	1
2	2	Trisha	Forbes	Hackney	W60	76	74.7	26	27	28	28	33	35	x37	35	63	128.21	1
2	3	Victoria	Man	Crystal Palace	W60	87	86.3	36	x38	x38	36	48	50	52	52	88	171.87	1
2	4	Sharon	Bowes	Crystal Palace	W55	71	68.1	45	47	49	49	57	60	62	62	111	220.40	1
2	5	Annie	Ottey	RAEDA	W55	76	74.6	41	44	46	46	48	51	---	51	97	183.64	1
2	7	Claire	Simmons	Blackheath WL	W50	59	57.4	39	41	x43	41	62	64	66	66	107	199.42	1
2	6	Lisa	Wellington	Crystal Palace	W50	59	57.4	40	42	44	44	57	60	x62	60	104	198.02	2
2	8	Joanne	Gilham	Hampshire	W50	64	62.5	43	46	x50	46	63	x66	x66	63	109	196.52	1
4	1	Beth	Massey	Blackheath WL	W45	55	54.2	45	48	51	51	55	58	60	60	111	206.87	1
4	2	Cheryl	Crosbie	Pegasus	W45	55	52.4	38	40	x43	40	49	52	55	55	95	184.93	2
4	3	Elaine	Sims	Mems	W45	71	70.7	x60	60	65	65	78	83	85	85	150	237.17	1
4	4	Rebecca	Wainwright	Blackheath WL	W45	71	69.1	35	38	x41	38	55	58	62	62	100	157.21	2
4	5	Suleen	Syn		W45	76	74.6	39	x41	x41	39	50	53	56	56	95	138.77	1
4	6	Nicole	Bernard	RAEDA	W45	81	80.0	43	45	x48	45	63	66	x69	66	111	156.93	1
4	7	Katrina	Thompson	Blackheath WL	W45	81	80.2	40	43	45	45	50	52	53	53	98	140.77	2
4	8	Paola	Roccuzzo	Mems	W45	87	86.7	40	43	45	45	58	x64	61	61	106	155.58	1
4	9	Rachael	Parkman		W45	+87	98.5	25	28	30	30	35	40	45	45	75	101.48	1
6	1	Kelly	Vaughan	Crystal Palace	W40	59	57.7	x47	47	x49	47	63	65	x68	65	112	181.62	1
6	3	Lou	Herron	Hampshire	W40	71	70.4	69	x72	74	74	91	96	x100	96	170	248.27	1
6	2	Daphne	Harvey	Hackney	W40	71	68.2	42	44	46	46	56	58	60	60	106	155.24	2
6	4	Nina	Ochogo	MEMS	W40	76	76.0	x63	63	66	66	78	82	x85	82	148	207.94	1
6	5	Alison	Mallard	Ronin Barbell Club	W40	81	76.4	61	65	x68	65	78	x82	82	82	147	203.07	1
8	1	Clare	Dane	MEMS	W35	49	48.8	52	54	55	55	65	67	x68	67	122	204.62	1
8	2	Chloe	Motion	Ronin Barbell Club	W35	55	54.3	47	50	x52	50	58	x64	x64	58	108	175.42	1
8	3	Pui (Lily)	Kwan Yu	Ronin Barbell Club	W35	59	57.7	x55	55	59	59	65	x69	x69	65	124	193.18	1

8	5	Rhiannon	Coleman	Ronin Barbell Club	W35	64	62.4	47	50	52	52	65	x68	x69	65	117	171.20	1
8	4	Nuala	McHugh	MEMS	W35	64	63.6	43	46	47	47	53	56	x58	56	103	145.50	2
8	6	Laura	Hoggins	Ronin Barbell Club	W35	71	68.6	49	52	54	54	59	62	65	65	119	162.87	1
8	7	Rayen	Cupid	Crystal Palace	W35	81	81.0	78	81	84	84	93	97	102	102	186	234.58	1
8	10	Samantha	Williams	MEMS	W35	+87	92.4	x68	68	73	73	88	93	x98	93	166	196.50	1
8	9	Miriam	Messner	MEMS	W35	+87	92.2	60	65	68	68	80	x84	x84	80	148	181.79	2
8	8	Alison	Day	Crystal Palace	W35	+87	100.7	42	44	x46	44	93	61	63	93	137	163.63	3
																	SMF	
1	1	John	Walton	Underground	M75	89	85.9	33	35	x37	35	33	x35	x35	33	68	181.14	1
1	2	Patrick	Atteridge	Hackney	M70	67	64.4	35	37	40	40	40	45	50	50	90	236.63	1
1	3	Mark	Welch	Hackney	M65	81	80.0	x60	60	x65	60	75	80	x85	80	140	284.83	1
1	4	John	Collins	Sittingbourne	M65	102	100.4	60	65	x70	65	75	x80	x80	75	140	263.37	1
1	5	Mohammed	Butt	Luton	M65	109	107.0	45	x50	x50	45	50	55	x60	55	100	192.75	1
1	6	George	Foulgham	LOWA	M60	73	71.9	53	x56	x56	53	x63	x63	x63	0	0	0.00	DNF
1	7	Stuart	Choate		M60	89	85.6	75	80	82	82	100	105	110	110	192	350.03	1
1	8	David	Clifton	Locker 27	M60	96	92.4	x66	68	71	71	90	94	98	98	169	297.82	1
1	9	Milan	Feledi		M60	96	94.0	x70	70	x75	70	91	95	x100	95	165	293.91	2
3	1	Peter	Cardona	MEMS	M55	67	64.2	55	59	x64	59	71	76	81	81	140	284.86	1
3	2	Michael	Roach	Bethnal Green	M55	67	67.0	50	55	58	58	70	75	81	81	139	270.32	2
3	3	Keat	See		M55	73	71.8	85	90	92	92	105	110	113	113	205	368.68	1
3	4	Javier	Porto	Crystal Palace	M55	73	70.0	60	65	x70	65	75	x80	x80	75	140	260.32	2
3	5	Lee	Ottey	RAEDA	M55	81	80.4	60	65	70	70	78	84	88	88	158	272.04	1
3	6	Amir	Kooros	Westway	M55	89	87.8	47	x54	x54	47	62	x65	x65	62	109	179.89	1
3	7	Antionio	Piccirillo	Enfield	M55	96	94.2	57	64	x70	64	95	101	106	106	170	277.14	1
3	8	Radoslaw	Kubka		M50	73	72.5	60	63	x66	63	x86	---	---	0	0	0.00	DNF
5	3	Aaron	Holt		M45	81	80.9	92	x96	x101	92	110	x116	x116	110	202	302.92	1
5	1	Ben	Chapman	Mems	M45	81	79.8	71	x76	x78	71	100	105	x108	105	176	262.56	2
5	5	Robert	Quantrell	RAEDA	M45	81	80.5	75	77	79	79	88	92	96	96	175	256.78	3
5	2	Gareth	Morgan	Mems	M45	81	75.0	71	75	77	77	88	95	x99	95	172	262.06	4
5	4	Lloyd	Morgan	Mems	M45	81	79.5	---	---	---	0	---	---	---	0	0	0.00	DNF
5	6	Jed	Mitchell	Blackwater	M45	89	88.0	70	74	x77	74	90	x94	94	94	168	244.95	1
5	7	Zsolt	Kulcsar		M45	102	98.0	x83	x86	86	86	105	108	x111	108	194	267.22	1

5	8	Iheke	Ndukwe		M45	109	107.0	x85	85	93	93	x120	120	x127	120	213	277.63	1
5	9	Stephen	Martin		M45	109	108.0	105	110	x115	110	130	x135	x135	130	240	319.57	1
7	1	Patrick	Owen	LOWA	M40	73	72.7	x50	x50	50	50	60	63	66	66	116	173.73	1
7	2	Rajesh	Naik		M40	89	84.6	---	---	---	0	---	---	---	0	0	0.00	
7	3	Artjom	Dashko		M40	96	91.7	x87	88	91	91	110	x115	x116	110	201	268.04	1
7	4	Dominic	Patmore	Mems	M40	+109	111.9	78	83	88	88	x115	115	123	123	211	261.97	1
7	5	Eugene	Wong		M35	67	66.0	x50	50	53	53	70	75	x80	75	128	193.94	1
7	6	Sebastian	Schwechten		M35	89	88.2	x72	x72	72	72	87	92	95	95	167	211.15	1
7	7	Ashley	Bradshaw	LOWA	M35	+109	123.7	60	65	x68	65	75	80	x85	80	145	163.48	1

Technical Officials

1	Dyana Alternor	Denise Ramsay Overall	Caroline Charles
2	Nicole Bernard	Denise Ramsay Overall	Jennifer Maysmor-Gee
3	George Foulghan	Denise Ramsay Overall	Victoria Man
4	Alison Day	Krystal Campbell	Chloe Motion
5	Alison Day	Nicole Bernard	Krystal Campbell
6	Alison Day	Aaron Holt	Krystal Campbell
7	Lou Herron	Nicole Bernard	Aaron Holt
8	Daphne Harvey	Lou Herron	Krystal Campbell

Organiser **Martin Bass and Bethnal Green WL Club**