



# NORTHERN WEIGHTLIFTING REGIONAL MASTERS



OASIS CENTRE ELLESMERE PORT 12th NOVEMBER 2016

## MEN

Lot no	Family Name	Given Name	birth	age	age grp.	BWCat	B/WT	DIVISION	SNATCH				VALID	CL&JERK			VALID	TOTAL	SMF. Points	PLACE
									1	2	3	1		2	3					
SESSION 1																				
1	Arthur	Baker	37	79	M75	85	78.20	Spartan Performance	36	40	42	42	48	52	x54	52	94	283.928184	1	
2	Frank	Howgate	37	79	M75	94	86.70	Wakefield	30	33	35	35	34	36	38	38	73	209.02595	1	
4	George	Travis	45	71	M70	69	68.30	Active Tameside	32	35	37	37	50	55	57	57	94	243.103908	1	
5	Michael	Butterworth	44	72	M70	85	80.90	Wakefield	62	65	67	67	72	75	77	77	144	344.701866	1	
6	Julian	Richardson	54	62	M60	56	55.80	Cube Fit	30	x33	33	33	x30	30	x35	30	63	154.64161	1	
7	Paul	Lynas	59	57	M55	62	61.40	Atlas	x60	60	63	63	70	x75	75	75	138	288.725445	1	
8	Malcolm	Nuttall	60	56	M55	85	84.70	Tyneside Barbells	56	61	63	63	75	80	82	82	145	244.937777	1	
9	Michael	Ashcroft	57	59	M55	+105	106.50	Oasis WL	60	65	70	70	85	89	91	91	161	260.602531	1	
10	Paul	Sheen	59	57	M55	105	102.80	Wakefield	65	x70	75	75	85	90	x92	90	165	261.019494	1	
SESSION 3																				
2	Briah	Andrews	71	45	M45	85	82.75	Oasis WL	65	x68	68	68	87	92	x100	92	160	233.210805	1	
3	Martin	Mullally	67	49	M45	85	83.40	Manchester S&C	50	55	x60	55	70	75	x80	75	130	198.118419	2	
4	Robert	Carpenter	69	47	M45	+105	110.10	Oasis WL	75	80	85	85	95	100	105	105	190	251.97553	1	
5	Nigel	Richmond	73	43	M40	77	76.95	Core WL	80	90	96	96	107	112	117	117	213	315.462518	1	
6	Gavin	Thomas	76	40	M40	85	81.40	Manchester S&C	68	73	x78	73	88	x93	93	93	166	230.228545	2	
7	Mark	Whitwell	74	42	M40	94	88.60	Cube Fit	65	75	x80	75	75	85	95	95	170	231.416318	1	
9	Ged	O'Hara	73	43	M40	105	109.10	RA Fitness	90	94	100	100	102	107	x115	107	207	262.54936	1	
10	Robert	Walker	76	40	M40	85	84.45	CrossFit Oswestry	x90	90	x100	90	110	120	x130	120	210	285.808208	1	

SPEAKER: B Barton Recorder C Baker

REF L. G Parry

REF C. M Riley/ B Pattison

REF R.A Whitworth/ M Riley

Loaders

Loaders T Baker B Bugg Session 1

T Baker P Sheen