



NORTHERN WEIGHTLIFTING
BERGSON CUP / LES GREEN SHIELD 2015
Mytholmroyd, West Yorkshire
Saturday, 12th December 2015

PLACE	GROUP	GIVEN NAME	FAMILY NAME	CLUB	BIRTH YEAR	DOMMY	BOUNDS/ HIT CATEGORY, %	BODY WEIGHT kg	SNATCH kg			JERK kg			BEST RESULT		TOTAL kg	SNCL UK
									1	2	3	1	2	3	SNATCH kg	JERK kg		
1	1	Martyn	Riley	Featherstone WLC	23/10/82	69	66.50	66	70	x75	75	80	85	70	85	155	213.60	
2	1	Andy	Phillips	Wakefield WLC	28/06/78	77	69.10	73	76	80	85	90	x95	80	90	170	228.48	
3	1	Chris	Tranter	Corefitness WLC	21/02/87	77	70.15	85	90	70	80	x87	x87	70	80	150	198.69	
4	1	Will	Fearnley	Stockport Spartans	17/07/95	85	82.75	85	90	x95	x105	105	x145	90	105	195	238.85	
5	1	Joe	Senior	Mytholmroyd WLC	01/03/92	85	84.80	77	81	x84	95	102	x105	81	102	183	218.95	
6	1	Paul	Fender	Parthead WLC		85	84.75	85	90	95	110	115	120	95	120	215	257.31	
7	1	Christos	Michaelas	Team Manchester A	16/02/93	69	63.60	90	95	x100	110	115	120	95	120	215	305.41	
8	1	Caleb	Elliot	Team Manchester B		62	58.65	62	66	70	75	80	85	70	85	155	233.48	
9	1													0	0	0	#DIV/0!	
1	2	Jude	Dalton	Mytholmroyd WLC	06/09/83	75+	75.40	51	54	56	70	73	75	56	75	131	156.4	
2	2	April	Edwards	Addlington WLC	04/04/92	63	61.60	35	38	40	35	x55	x50	40	55	95	128.2	
3	2	Melanie	Roberts	Corefitness WLC A	13/05/88	53	49.10	52	x55	55	x63	63	65	55	65	122	195.1	
4	2	Lauren	Simpson	Proactive Performance	27/08/89	63	62.00	47	x51	51	55	x64	61	51	61	112	180.4	
5	2	Vicky	Johnstone	Parthead WLC	13/03/81	69	64.10	53	x57	57	65	70	x74	57	70	127	166.9	
6	2	Cathy-Ann	Myers	The Strength Cave	21/06/90	58	56.70	x31	31	35	50	54	55	35	55	93	133.1	
7	2	Anastasia	Michaelas	Team Manchester A	09/01/97	48	41.90	45	46	47	55	55	55	47	55	105	185.3	
8	2	Lauren	English	Team Manchester B	07/02/89	75	71.50	60	64	67	80	84	x87	67	84	151	185.6	
9	2	Niamh	Broad	Team 101	01/02/01	63	58.30	45	50	x55	60	65	x70	50	65	115	161.3	
10	2	Liaa	Edwards	Corefitness WLC B	04/06/79	53	52.40	31	33	x35	45	45	x50	33	45	81	123.3	
11	2	Anna	Garbutt	Crossfit West Yorkshire	16/03/90	63	60.30	x44	44	x50	55	x60	x60	44	55	99	135.6	
1	4	Rebekah	Tiler	Mytholmroyd WLC	13/01/99	69	66.00	52	57	101	x145	115	x125	101	115	219	282.4	
2	4	Amy	Spearlett-Moos	Addlington WLC	09/01/84	58	57.70	x28	28	x32	35	40	x45	28	40	68	96.1	
3	4	Stephanie	Owens	Corefitness WLC A	06/09/90	63	62.90	73	75	x77	91	x95	83	75	93	168	223.5	
4	4	Bethany	Parker	Proactive Performance	05/06/95	63	55.50	x42	42	x45	55	55	60	42	60	102	142.7	
5	4	Suzi	Trebilcock	Parthead WLC	09/01/59	58	55.00	45	45	51	55	55	62	51	62	113	159.1	
6	4	Jessica	Glanville	The Strength Cave	01/01/91	53	49.90	20	x23	x23	31	35	40	20	40	60	95.1	
7	4	Janine	Hussey	Team Manchester A	26/10/82	63	58.60	45	x50	50	70	75	x75	50	75	125	174.7	
8	4	Emma	Watson	Team Manchester B	21/02/98	58	53.60	40	42	44	50	52	54	44	54	98	146.5	
9	4	Kathryn	McGouldin	Team 101	29/05/91	69	69.00	45	x48	48	55	x64	x64	48	55	105	133.0	
10	4	Iona	Taylor	Corefitness WLC B	20/07/82	75+	76.10	42	44	45	57	60	x64	45	60	105	134.0	
11	4	Kate	Prosser	Crossfit West Yorkshire	03/10/89	69	67.00	57	62	65	x75	x82	x82	65	0	DNF	#VALUE!	
1	3	Nick	Hall	Featherstone WLC		85	x			x		x		0	0	DNF	#VALUE!	
2	3	Sam	Sheen	Wakefield WLC	18/03/94	77	72.30	70	75	x80	85	91	95	75	95	171	223.43	
3	3	Nigel	Richmond	Corefitness WLC	13/04/73	85	78.40	80	87	95	101	105	x145	95	105	203	253.08	
4	3	Mike	Howarth	Stockport Spartans	13/10/84	105	99.60	95	100	105	115	123	130	105	130	235	291.87	
5	3	Tom	Hoell	Mytholmroyd WLC	31/10/91	85	82.85	x58	x58	x60	110	115	x120	0	115	DNF	#VALUE!	
6	3	Andy	Walker	Parthead WLC	12/05/82	105+	121.30	90	95	100	120	125	132	100	132	232	242.79	
7	3	Hakeem	Babalola	Team Manchester A	14/04/94	69	67.70	94	100	105	120	x125	125	105	125	230	313.24	
8	3	Mark	Mawson	Team Manchester B	24/06/87	69	67.30	75	81	87	95	x100	104	87	104	191	261.13	
9	3													0	0	0	#DIV/0!	
1	5	Mark	Wager	Featherstone WLC		105+	x			x		x		0	0	DNF	#VALUE!	
2	5	Michael	Butterworth	Wakefield WLC		77	69.10	60	63	65	70	73	x75	65	73	138	185.47	
3	5	Dave	McKay	Corefitness WLC		105	x			x		x		0	0	DNF	#VALUE!	
4	5	Ben	Johnson	Stockport Spartans		105	101.80	70	75	x80	85	90	95	75	95	170	187.87	
5	5	Marcus	Collins	Mytholmroyd WLC	16/04/98	85	77.55	x64	94	x105	113	115	x122	94	115	212	265.91	
6	5	Baun	Trebilcock	Parthead WLC	24/03/85	105+	107.50	115	123	130	155	163	170	130	170	300	328.23	
7	5	Alex	Collier	Team Manchester A	29/03/94	85	84.30	120	125	131	150	160	165	131	165	296	355.19	
8	5	Matt	Hussey	Team Manchester B	17/06/82	105	97.50	85	97	x92	120	x125	x125	87	120	207	232.61	
9	5													0	0	0	#DIV/0!	

Referees: 1 Arthur Baker, Mel Barton, Alan Lomax, Timekeepers Paul Sheen
 2 Martyn Riley, Arthur Baker, Alan Lomax, Alex Collier
 3 Mel Barton, Alan Whitworth, Martyn Riley, Chris Baker
 4 Arthur Baker, Alan Whitworth, Paul Sheen
 5 Arthur Baker, Mel Barton, Paul Sheen

Speakers: Bill Barton, Chris Baker, Recorder Chris Baker, Arthur Baker

Organiser: Eddie Haistead

Loaders: Jaffal Miller, Paul Furness, Hakeem Babalola, Mark Mawson, Paul Fender, Joe Senior, Marcus Collins, Matt Dalton, Vicky Johnstone, Ben Turpin