



BRITISH WEIGHT LIFTING
NORTHERN WEIGHTLIFTING SENIOR OPEN CHAMPIONSHIPS 2014
MYTHOLMROYD, HALIFAX
25th OCTOBER 2014

GROUP	GIVEN NAME	FAMILY NAME	CLUB	BODY WEIGHT kg	SNATCH kg			BEST RESULT SNATCH	JERK kg			BEST RESULT JERK	TOTAL	PLACE	SINCLAIR	POINTS
					1	2	3		1	2	3					
2	53 CLASS															
	Kelly Jo	Robson	Alfreton	50.70	40	44	46	46	52	55	59	59	105	1	164.24	
	Jo	McManus	Crossfit Manchester	51.90	40	x	x	40	51	x	x	51	91		139.62	
	Laresce	Browne	Team Manchester	48.10	42	44	x46	44	53	57	x60	57	101	3	165.26	
	Shireen	Amir	Gateshead	52.50	39	44	47	47	53	56	x58	56	103	2	156.56	
	58 KILO CLASS															
	Angel	McDermott	Crossfit Manchester	57.20	x40	42	46	46	54	57	59	59	105	1	149.35	
	Jennifer	Swallow	CORE	58.00	42	45	x47	45	55	58	x61	58	103	2	145.01	
	Julie	Cheung	Crossfit Manchester	55.70	41	x44	45	45	52	55	57	57	102	3	148.00	
	63 CLASS															
	Siobhan	Houldridge	Hallam	61.90	43	48	x52	48	60	64	67	67	115		154.65	
	Vicky	Johnstone	Parkhead	62.50	52	x56	56	56	65	70	x73	70	126	1	168.34	
	Justine	Davies-Hurst	Bradford	61.30	52	55	x57	55	x62	64	67	67	122	2	165.16	
	Jessica	Perrin	Crossfit Jorvik	58.50	x47	47	49	49	65	x67	68	68	117	3	163.70	
5	69 Class															
	Amy	Salt	Core	66.20	52	56	x61	56	67	70	x75	70	126	2	162.17	
	Emma	Coplin	Crossfit Manchester	66.20	43	46	48	48	62	x66	66	66	114	3	146.72	
	Kara	Halliwell	JST Crossfit	68.00	65	69	73	73	80	x85	x85	80	153	1	193.68	
	Kath	Millard	Crossfit Manchester	64.40	25	28	x30	28	35	38	x40	38	66		86.45	
	75 Class															
	Emma	Mcintosh	Unattached	74.40	42	47	x50	47	x62	x62	62	62	109	1	131.07	
	Blair	Hyman	York Barbell	74.80	40	43	45	45	55	58	x60	58	103	2	123.50	
	75+ Class															
	Millie	Lonsborough	York Barbell	125.50	68	x70	70	70	x83	83	x92	83	153	1	154.63	
	Lauren	English	Team Manchester	78.20	55	60	x63	60	70	x76	x76	70	130	2	152.35	



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GROUP	GIVEN NAME	FAMILY NAME	CLUB	BODY WEIGHT kg	SNATCH kg			BEST RESULT SNATCH	JERK kg			BEST RESULT JERK	TOTAL	PLACE	SINGULAR
					1	2	3		1	2	3				
1	56 KILO CLASS														
	Daniel	Willoughby	Crossfit Manchester	50.80	35	39	x43	39	49	53	x56	53	92	1	155.50
	62 CLASS														
	Micheal	Bakewell	Core	61.70	x66	65	70	70	77	x82	85	85	155	2	224.95
	Harooj	Siraj	Hallam	59.00	80	x85	x85	80	97	x102	x107	97	177	1	265.43
	69 CLASS														
	Neil	Thomas	Unattached	68.60	95	x100	x100	95	115	121	x124	121	216	1	291.66
	Adam	Bose	Leeds	62.65	x70	70	x75	70	85	x92	x95	85	155	3	222.51
	Hakeem	Babalola	Team Manchester	65.50	x90	x90	x90	0	x	x	x	0	0		0.00
	Andy	Phillips	Wakefield	68.65	70	75	80	80	87	92	x95	92	172	2	232.14
3	77 CLASS														
	Wasrum	Arsalani	Unattached	74.70	x70	70	x77	70	x94	x95	95	95	165		211.44
	Chris	Brearley	Hallam	72.30	85	x90	x90	85	107	113	x111	113	198		259.71
	Mark	Mawson	Team Manchester	73.70	70	75	80	80	92	97	102	102	182		235.08
	Marcus	Collins	Mytholmroyd	73.46	85	x90	x95	85	105	110	115	115	200	3	259.53
	Anthony	Wilke	Crossfit Manchester	75.80	63	68	x72	68	75	80	85	85	153		194.40
	Sam	Twin	Unattached	75.00	82	85	90	90	115	123	130	130	220	1	281.26
	Matthew	Dixon	Hallam	77.00	100	x106	x106	100	x118	x123	x123	0	0		0.00
	George	Kinnell	Gateshead	73.40	63	68	x72	68	90	96	100	100	168		217.53
	Ozgur	Yeter	Crossfit Manchester	76.00	x85	90	97	97	112	119	x124	119	216	2	274.04
	Naill	Brady	Core	75.95	70	x75	x75	70	90	x95	x95	90	160		203.07
4	85 CLASS														
	Tom	Housli	Mytholmroyd	78.80	83	x87	x87	83	105	110	113	113	196		243.67
	Damien	Robson	Unattached	83.20	70	73	76	76	85	91	96	96	172		207.77
	Alex	Collier	Team Manchester	84.70	125	x	x	125	155	x160	x166	155	280	1	335.20
	Jack	Dobson	York Barbell	81.40	85	x90	90	90	115	x120	x124	115	205		250.46
	Dan	Jackson	Team Manchester	84.95	87	x94	x94	87	112	x116	x114	112	199		237.88
	Steven	Fawcett	Crossfit JST	82.15	110	114	x114	114	142	146	150	150	264	2	321.00
	Simon	Witcher	CORE	81.80	62	64	66	66	x76	75	x78	75	141		172.15
	Tony	Hewson	Gateshead	82.40	x75	75	77	77	98	x106	106	106	183		222.16
	Shane	Williams	CORE	83.30	97	102	x106	102	125	x130	x134	125	227	3	274.04
	Sam	Young	ATLAS	82.30	80	x86	85	85	115	120	125	125	210		255.10
	Alex	Emmerson	Crossfit Manchester	84.70	85	x90	x94	85	110	115	120	120	205		245.41
	Andre	Vassell	York Barbell	84.20	x88	85	x90	85	x110	110	115	115	200		240.14
	Josh	Shillington	York Barbell	83.40	85	90	x94	90	x120	120	x124	120	210		253.36
6	94 CLASS														
	Simon	Lynch	Crossfit Manchester	93.30	75	80	85	85	93	x98	98	98	183		209.44
	Adam	Davies	Gateshead	88.45	83	89	x96	89	116	x124	124	124	213	3	249.71
	Matthew	Bowa	Gateshead	93.00	76	81	x86	81	100	106	113	113	194		222.34
	Stephen	Fisher	Crossfit Manchester	94.00	95	100	106	106	x130	130	x134	130	236	1	269.34
	Shakeel	Ahmed	Gateshead	94.00	85	x90	90	90	126	x133	x	128	218	2	246.70
	105 Class														
	Saun	Trebilcock	Parkhead	102.40	113	118	123	123	155	160	x168	160	283	1	312.07
	Paul	Sheen	Wakefield	102.70	70	x75	80	80	85	90	x95	90	170		187.26
	Kevin	Richardson	Unattached	104.00	80	x85	x85	80	105	x110	x114	105	185	3	202.86
	Mathew	Hartley	Wakefield	94.60	97	x104	102	102	112	120	x124	120	222	2	252.58
	105+Class														
	Dan	Seaton	Crossfit Manchester	118.10	82	85	90	90	108	112	x114	112	202	2	212.87
	Chris	Torrence	Crossfit Manchester	117.95	x75	75	x80	75	115	120	x127	120	195		205.86
	Andrew	Walker	Parkhead	120.10	100	105	110	110	125	132	140	140	250	1	262.29
	Jonathan	Bennett	Wakefield	119.70	70	x75	x75	70	90	x95	95	95	165		173.36
	Rob	Carpenter	Oasis	110.65	80	85	x100	85	100	105	115	115	200	3	214.80
	Mike	Ashcroft	Oasis	95.30	x70	70	x	70	x80	80	x	80	150		170.14