



ENGLISH CHAMPIONSHIPS 2014
 Saturday 22nd & Sunday 23rd February
 Harry Mitchell Leisure Centre, Birmingham
 Commonwealth Games Qualifier



SNATCH CLEAN & JERK

Lot No.	First Name	Surname	Club	BW	1	2	3	1	2	3	SNATCH kg	JERK kg	Total	Sinclair	Place	Team Points
WOMENS 48KG																
71	Nicola Jane	Hobbs	Brunel University	46.80	42	44	46	55	58	58	46	58	104	174.4	1	28
9	Anastasia	Michaelas	Team Manchester	40.60	39	42	45	50	53	55	42	55	97	186.2	2	25
WOMENS 53KG																
45	Joanne	Calvino	Crystal Palace	53.00	61	64	66	83	86	86	64	86	150	226.3	1	28
74	Noorin	Gulam	Stars for the Future	52.50	55	60	62	70	70	76	60	70	130	197.6	2	25
46	Joanne	McManus	Crossfit Manchester	52.20	49	52	54	59	62	62	54	62	116	177.1	3	23
98	Sorcha	Gavin	Stars for the Future	52.90	47	50	52	58	62	67	50	62	112	169.2	4	22
96	Shireen	Amir	Gateshead	52.70	48	48	48	57	64	64	48	57	105	159.1	5	21
3	Alex	Sehgal	St Mary's University	52.20	43	43	48	56	60	63	48	56	104	158.8	6	20
WOMENS 58KG																
105	Zoe	Smith	Bexley Europa	57.50	82	86	90	106	112	116	90	116	206		1	28
6	Amber	Sheppard	Crystal Palace	57.10	57	59	61	73	76	78	61	76	137	195.1	2	25
80	Poy	Fakcha	Crystal Palace	56.80	57	57	60	72	72	75	57	72	129	184.4	3	23
24	Claire	Donnelly	Sutton and Epsom	57.40	48	52	56	65	65	65	56	65	121	171.7	4	22
66	Michelle	Davis	Crossfit Manchester	56.70	47	50	53	66	66	66	50	66	116	166.1	5	21
30	Ellie	Needham	Empire Sports Club	57.60	38	40	42	57	60	62	42	62	104	147.2	6	20
32	Emma	Watson	Team Manchester	55.90	35	38	41	45	48	50	41	45	86	124.4	7	19
95	shila	panjavi	Stars for the Future	57.60	59	64	61	77	77	77	61	0	61	86.3	DNF	
WOMENS 63KG																
31	Emily	Godley	Crystal Palace	63.00	83	83	84	104	107	110	84	107	191	253.8	1	28
89	Sarah	Davies	Paul Furness School of Weightlifting	62.10	80	83	83	103	107	107	83	107	190	254.9	2	25
88	SAM	BALCHIN	Sutton and Epsom	61.60	58	62	66	65	73	73	62	73	135	182.1	3	23
55	Kathrine	Whelan	Warley	61.70	53	53	56	65	68	68	53	65	118	159.0	4	22
107	Ellie	Blenkinsop		62.50	48	50	52	65	65	65	50	65	115	153.6	5	21
28	Dilnaz	Gazdar	Crystal Palace	60.10	47	50	52	57	60	62	50	62	112	153.7	6	20

39	Hannah	Ward	Empire Sports Club	58.60	44	45	48	57	59	61	48	61	109	152.3	7	19
WOMENS 69KG																
81	Rebekah	Tiler	Mytholmroyd WLC	66.20	82	x87	x87	107	112	x116	82	112	194	249.7	1	28
103	Veronika	Nourse	BWL - Unattached (London & SE)	66.70	50	53	x57	65	70	x75	53	70	123	157.6	2	25
90	Sarah	Stanhope	BWL - Unattached (Central)	66.20	x45	45	x50	57	x62	x62	45	57	102	131.3	3	23
WOMENS 75KG																
59	Lauren	English	Team Manchester	74.40	45	48	x51	55	60	63	48	63	111	133.5	1	28
33	Emma	Coplin	Crossfit Manchester	69.90	x42	x42	42	55	x60	x62	42	55	97	120.8	2	25
34	Evelyn	Stevenson	Sutton and Epsom	70.40	x65	x65	x65	x	x	x	0	0	0	0.0	DNF	
WOMENS 75+KG																
65	Mercy	Brown	Crystal Palace	79.20	85	x90	x91	106	112	116	85	116	201	234.1	1	25
8	Amy	Kirby-Saunders	Empire Sports Club	87.00	64	67	70	x75	x75	75	70	75	145	161.9	2	24
85	Ruth	Carpenter	Crystal Palace	104.40	x60	60	63	x73	73	x76	63	73	136	142.6	3	23
7	Amelia	Lonsbrough	Leeds City	125.50	55	60	x65	70	x75	75	60	75	135	136.4	4	22
11	Anna	Hopcroft	Sussex Strength	103.60	56	x60	60	68	71	x76	60	71	131	137.7	5	21
44	Jennifer	Stott	Crossfit Manchester	78.40	40	x43	x43	60	63	66	40	66	106	124.1	6	20
108	Alysia	Ekpiken	Stars for the Future	94.10	44	46	x49	55	x60	x60	46	55	101	109.4	7	19
MENS 62KG																
43	Jaswant	Shergill	Oldbury Academy	61.90	100	105	107	127	x133	133	107	133	240	347.50	1	28
23	Christos	Michaelas	Team Manchester	61.90	100	105	x108	120	125	132	105	132	237	343.16	2	25
62	Louis	Hampton-Jones	Stars for the Future	60.80	92	96	99	111	x115	x115	99	111	210	308.02	3	23
67	Nam	Ahmadi	Stars for the Future	61.85	90	x95	x97	x115	115	x121	90	115	205	296.99	4	22
68	Nicholas	Muhanza	Crossfit Manchester	61.95	90	95	x	x0	x	x	95	0	95	137.47	5	21
48	Jonathan	Turpin	Leeds City	62.00	x80	80	x88	x115	x115	x115	80	0	80	115.70	6	20
MENS 69KG																
64	Mehmed	Fikretov	Crystal Palace	68.80	115	120	122	155	163	x	122	163	285	384.11	1	28
21	Chris	Freebury	Derby Power People	68.40	113	118	x121	138	142	150	118	150	268	362.56	2	25
86	Ryan	Baugh	Ivybridge Community College	68.45	92	96	98	121	125	128	98	128	226	305.60	3	23
13	Ben	Ross	Woking	66.90	90	95	101	x110	111	x116	101	111	212	290.99	4	22
41	Iain	Shawley	BWL - Unattached (Central)	67.85	x88	88	92	x112	113	x118	92	113	205	278.79	5	21
84	Robert	Davies	Team Manchester	63.65	x83	86	89	x112	x115	x115	89	0	89	126.36	6	20

MENS 77KG																
94	Shaun	Clegg	Team Manchester	75.80	127	132	x136	x155	155	x165	132	155	287	364.67	1	28
1	Adam	Mattiussi	St Mary's University College	76.10	124	128	130	x153	x153	153	130	153	283	358.77	2	25
38	Halil	Zorba	Crystal Palace	76.20	x145	115	x148	150	160	x165	115	160	275	348.37	3	23
61	Liem	Bui-Le	Crystal Palace	75.50	114	118	x120	143	x147	x147	118	143	261	332.39	4	22
69	Nick	Cantwell	St Birinus	75.9	102	107	110	x135	140	145	110	145	255	323.76	5	21
57	Kristian	McPhee	Brunel University	75.40	x100	100	x104	x135	135	x140	100	135	235	299.51	6	20
17	Calum	McNamara	Bethnal Green	77.00	105	x110	x112	120	x125	126	105	126	231	290.90	7	19
4	allen	court	Oldbury Academy	73.30	x100	100	x105	125	x130	x130	100	125	225	291.57	8	18
75	Owen	Lockwood	Mytholmroyd WLC	76.15	94	97	x100	x123	123	x128	97	123	220	278.80	9	17
52	Josh	Cox	St Birinus	74.30	93	x97	97	118	122	x125	97	122	219	281.52	10	16
22	Chris	Chea	Woking Centre of Excellence	72.90	91	96	x104	111	116	121	96	121	217	282.13	11	15
82	Rob	Green	St Birinus	70.25	88	92	x96	120	125	x128	92	125	217	288.62	12	14
99	Stephen	Cook	KBT	76.05	90	x95	100	x140	x145	115	100	115	215	272.67	13	13
107	Ivan	Mihai	KBT	75.80	95	x102	x102	120	*	*	95	120	215	273.18	14	12
83	Rob	Anderson	St Mary's University College	76.15	90	95	x100	110	x145	115	95	115	210	266.13	15	11
20	Chi	Chea	Woking Centre of Excellence	76.30	x90	90	x100	x120	120	x128	90	120	210	265.83	16	10
MENS 85KG																
16	Bradley	Burrowes	Empire Sports Club	83.20	135	x140	x142	155	x160	160	135	160	295	356.35	1	28
18	Cathal	Byrd	BWL - Unattached (Northern Ireland)	84.70	120	x125	x125	150	155	x160	120	155	275	329.21	2	25
60	Lewis	Ridett	Brunel University	82.00	110	115	120	140	145	150	120	150	270	328.61	3	23
35	fridi	ibrahimi	Brunel	80.60	103	107	110	134	138	140	110	140	250	307.04	4	22
100	Stuart	Diplock	Stars for the Future	83.45	110	x116	x116	138	x145	x145	110	138	248	299.12	5	21
5	Alvin	Ossai	Sutton and Epsom	84.15	110	x145	x145	130	135	x140	110	135	245	294.26	6	20
27	David	O'Dwyer	Genesis	83.60	115	x120	x120	125	x130	130	115	130	245	295.23	7	19
49	Jonathan	Thompson	BWL - Unattached (South West)	84.45	100	x107	x107	130	136	*	100	136	236	282.94	8	18
29	Eddie	Chambers	St Birinus	80.25	97	102	107	123	x128	128	107	128	235	289.29	9	17
92	sebastian	pardo	Bethnal Green	83.40	100	x105	x107	125	x132	132	100	132	232	279.91	10	16
MENS 94KG																
75	Owen	Boxall	Bexley Europa	93.10	135	x140	145	175	x180	180	145	180	325	372.31	1	28
58	Kristopher	Carter	Empire Sports Club	92.00	120	125	x130	152	160	165	125	165	290	333.94	2	25
63	Luke	Etheridge	Bethnal Green	90.30	115	x120	x120	150	x157	160	115	160	275	319.33	3	23

36	Greg	Stumbles	Empire Sports Club	88.80	115	x120	x120	151	x155	x158	115	151	266	311.27	4	22
47	Joe	Hill	Bethnal Green	93.05	115	x118	118	135	143	145	118	145	263	301.35	5	21
102	Thomas	McGing		93.60	105	110	x115	135	x140	x140	110	135	245	280.02	6	20
56	Koing	Chea	Woking	91.30	105	110	x115	x130	x130	130	110	130	240	277.31	7	19
97	Sonny	Webster	Empire Sports Club	93.70	140	x145	x146	x181	x186	x186	140	0	140	159.94	8	18
70	Nick	Lumley	Empire Sports Club	92.25	125	x130	x130	x150	x150	x152	125	0	125	143.77	9	17
19	Charlie	Stone	Bethnal Green	92.35	115	x120	x120	x145	x150	x150	115	0	115	132.21	10	16
25	Damon	Sarmardi		92.85	x118	x118	x119	*	*	*	0	0	0	0.00	DNF	
MENS 105KG																
14	Ben	Watson	St Birinus	103.25	145	150	155	170	177	180	155	180	335	368.31	1	28
78	Peter	Barnett	Bexley Europa	101.35	135	140	143	x167	167	x172	143	167	310	343.16	2	25
51	Joseph	Walton	Empire Sports Club	104.55	x130	130	x135	x160	x160	160	130	160	290	317.41	3	23
50	Joseph	Muskett	Bexley Europa	104.15	x125	125	x130	150	x155	x155	125	150	275	301.40	4	22
MENS 105+KG																
106	Jon	Hanna	Warley	127.15	135	140	x145	180	x190	x190	140	180	320	331.21	1	28
10	Andrew	Ruegg	Brunel	122.90	x135	x135	135	164	x170	x172	135	164	299	311.90	2	25
91	Sean	Clarke-Torrance	Crossfit Manchester	112.90	x120	125	128	x157	x157	157	128	157	285	304.21	3	23
79	Philip	Nourse	Sutton and Epsom	162.60	x115	115	121	150	x165	x165	121	150	271	271.46	4	22

British Records

			Senior	u23	u20	u18	u17	u15		
Louis	Hampton-Jones	Snatch					X			
Louis	Hampton-Jones	Total					X			
Rebekah	Tiler	Clean and Jerk						X		European u15 Record
Mercy	Brown	Clean and Jerk	X	X	X	X				
Mercy	Brown	Total	X	X	X	X				

TEAM RANKINGS - TOP 10

1	Crystal Palace	217
2	Empire Sports Club	196
3	Team Manchester	145
4	Stars for the Future	132
5	Crossfit Manchester	113
6	Bexley Europa	103
7	Bethnal Green	95
8	Sutton and Epsom	87
9	Brunel University	71
10	St Birinus	68

