



## NORTHERN WEIGHTLIFTING SCHOOLS DEVELOPMENT

OASIS ELLESMERE PORT 03 NOV 2013

### COMPETITION PROTOCOL (Men)



PLACE	First Name	Surname	DOB	School Year	CLUB OR REGION	BODYWEIGHT CATEGORY, kg	BODY WEIGHT kg	SNATCH kg			JERK kg			BEST RESULT		TOTAL	SINCLAIR
								1	2	3	1	2	3	SNATCH	JERK		
1st	EMILE	SIOU	11/06/1999	10	RAISE THE BAR	77+	82.10	-62	62	66	77	82	85	66	85	151	183.0
2nd	HARRIS	NAEEM	02/09/1998	10	TEAM MANCHESTER	77+	86.70	40	45	53	50	55	-62	53	55	108	127.4
1st	PAUL	FENDER	03/09/1998	10	PARKHEAD	77	73.80	74	77	-80	90	95	98	77	98	175	224.8
1st	FAROOQ	KHAN	11/12/1997	11	TEAM MANCHESTER	56	53.50	45	49	52	58	63	68	52	68	120	192.7
1st	MARCUS	COLLINS	16/03/1998	11	MYTHOLMROYD	77	73.10	62	65	68	80	-85	-88	68	80	148	191.2
2nd	ALEX	TULLY	03/11/1997	11	TEAM MANCHESTER	77+	106.40	70	-75	75	80	85	90	75	90	165	179.2
1st	JALALL	MILLER	21/07/1998	11	MYTHOLMROYD	77+	129.60	85	90	-95	105	-110	110	90	110	200	206.0

JALAAL MILLER 110kg  
 REFS L. G PARRY  
 SPEAKER BILL BARTON

BRITISH U16 RECORD  
 C. S TREBILLCOCK  
 RECORDER?COMPUTER

R E TILER  
 C BAKER