



**BRITISH WEIGHT LIFTING
NORTHERN WEIGHTLIFTING OPEN
WAKEFIELD COLLEGE WAKEFIELD
SATURDAY 16 NOVEMBER 2013**



PLACE	LOT N.	GIVEN NAME	FAMILY NAME	CLUB	BIRTH YEAR DDMMYY	ANNOUNCED TOTAL	BODYWEIGHT CATEGORY, kg	BODY WEIGHT kg	SNATCH kg			JERK kg			BEST RESULT		TOTAL kg	SINCLAIR
									1	2	3	1	2	3	SNATCH kg	JERK kg		
		62 kilo class																
1	2	Nicholas	Muhanza	Crossfit Manchester	21/12/86	Sen	62	61.5	95	x100	x100	115	x120	x120	95	115	210	305.48
2	3	Jonathan	Turpin	Leeds City	15/01/89	Sen	62	62.0	x83	83	x88	x140	110	x117	83	110	193	279.12
3	1	Haroon	Siraj	Sheffield Hallam	22/05/94	U20	62	58.1	x65	x65	65	x80	80	85	65	85	150	227.56
		69 kilo class																
1	6	David	Oakes	Team Manchester	13/05/89	Sen	69	65.9	85	90	94	110	115	x120	94	115	209	289.76
2	5	Rob	Davies	Team Manchester	27/04/83	Sen	69	62.5	80	x85	88	x140	115	x118	88	115	203	291.92
3	4	Hakeem	Babalola	Team Manchester	14/04/94	U20	69	64.9	83	x88	88	108	112	115	88	115	203	284.37
4	8	Sam	Sheen	Wakefield	18/03/94	U20	69	69.0	65	70	x72	90	x95	95	70	95	165	221.97
		48 kilo class																
1	1	Anatasia	Michaelas	Team Manchester	09/01/97	U17	48	39.8	37	40	43	47	50	53	43	53	96	188.3
		53 kilo class																
1	3	Shireen	Amir	Gateshead	29/01/92	U23	53	52.8	44	47	50	56	60	x62	50	60	110	166.4
2	4	Jo	McManus	Crossfit Manchester	16/03/66	M	53	52.3	45	48	51	55	58	x64	51	58	109	166.2
		58 kilo class																
1	5	Michelle	Davies	Crossfit Manchester	13/05/80	Sen	58	57.4	48	51	53	65	68	70	53	70	123	174.5
2	6	Jessica	Perrin	York Crossfit	16/01/88	Sen	58	56.6	45	x47	47	60	x62	62	47	62	109	156.3
3	7	Emma	Watson	Team Manchester	21/02/98	U15	58	54.1	x32	33	36	39	43	49	36	49	85	126.1
		77 kilo class																
1	6	Shaun	Clegg	Team Manchester	13/10/92	U23	77	77.0	115	120	125	145	150	155	125	155	280	352.61
2	5	Owen	Lockwood	Mytholmroyd	06/10/92	U23	77	75.9	95	x100	x100	123	x128	x128	95	123	218	276.79
3	4	Matthew	Dixon	Sheffield Hallam	21/11/95	U20	77	76.0	93	98	102	110	116	x120	102	116	218	276.58
4	1	Nilesh	Morar	Team Manchester	03/09/92	U23	77	72.4	90	95	x100	x107	110	x117	95	110	205	267.63
5	3	Nigel	Richmond	Core Fitness	15/04/73	Sen	77	76.1	90	x95	x95	108	113	x116	90	113	203	257.35
6	11	Alex	Dillon	Unattached	27/09/91	U23	77	76.2	75	80	85	95	100	105	85	105	190	240.69
7	10	Tim	Elton	Leeds City	17/02/92	U23	77	76.8	73	x77	x78	x100	100	108	73	108	181	228.27
8	7	Chris	Brearily	Sheffield Hallam	12/07/87	Sen	77	71.0	x75	75	x80	x100	x105	105	75	105	180	237.83
9	2	Marcus	Collins	Mytholmroyd	16/03/98	U15	77	73.6	60	65	70	80	x85	85	70	85	155	200.37
10	8	Tomas	Davies	Core Fitness	08/12/89	Sen	77	75.8	52	55	60	67	x73	73	60	73	133	168.99
	9	Ryan	Hayes	Core Fitness	06/07/73	Sen	77	77.0	70	74	78	x100	x100	x100	78	0	0	0.00

		63 kilo class																
1	3	Erin	Bonett	Isle of Man	28/02/88	Sen	63	58.9	52	55	58	70	72	75	58	75	133	185.2
2	4	Vicky	Johnstone	Parkhead	13/02/87	Sen	63	62.5	52	55	x58	70	x74	74	55	74	129	172.3
3	5	Claire	Donnelly	Sutton & Epsom	13/07/86	Sen	63	60.7	35	40	45	50	55	61	45	61	106	144.6
4	1	Siobhon	Houldridge	Sheffield Hallam	17/04/90	U23	63	61.5	40	45	x47	50	57	x60	45	57	102	137.8
5	2	Kath	Millard	Crossfit Manchester	26/12/72	M	63	62.1	25	27	x28	35	37	x38	27	37	64	85.9
	6	Rebekah	Tiler	Mytholmroyd	13/01/99	U15	63	66	82	86	x88	110	114	116	86	116	202	261.7
		85 kilo class																
1	1	Sam	Murphy	Isle of Man	11/07/89	Sen	85	84.30	x92	94	100	122	125	133	100	133	233	279.59
2	3	Julian	Donavan	Consett	20/06/87	Sen	85	83	90	97	105	120	127	x130	105	127	232	280.60
3	6	Thomas	Stringwell	Sheffield Hallam	21/02/85	Sen	85	80.7	72	77	x82	x100	100	x105	77	100	177	217.24
4	2	Phil	Harrison	Team Manchester	15/05/81	Sen	85	81.7	x68	68	73	88	95	x100	73	95	168	204.86
5	4	Emile	Siou	Raise the Bar	11/06/97	U17	85	81.4	64	67	x70	x85	85	88	67	88	155	189.37
	5	Ben	Dixon	Sheffield Hallam	22/07/81	Sen	85	79.1	x70	x70	x70	x100	100	105	0	105	105	130.27
		94 kilo class																
1	9	Josh	Farghaly	Crossfit Manchester	19/11/92	U23	94	94	120	125	x130	x145	145	150	125	150	275	313.73
2	16	Peter	Brzezinka	Team Manchester	23/09/84	Sen	94	91.4	110	115	120	140	x148	150	120	150	270	311.82
3	11	Shakeel	Ahmed	Gateshead	30/12/79	Sen	94	92.4	100	103	106	134	140	x145	106	140	246	282.74
4	17	Tom	McGing		04/07/88	Sen	94	91.8	100	105	x107	x130	130	135	105	135	240	276.63
5	12	Matther	Pipe	Crossfit Manchester	11/01/88	Sen	94	91.9	95	x100	100	120	125	130	100	130	230	264.98
6	10	Gregory	Wood	Sheffield Hallam	16/04/86	Sen	94	88.7	100	x105	x105	115	122	x130	100	122	222	259.91
7	8	Steven	Fisher	Crossfit Manchester	25/11/80	Sen	94	91.7	91	96	x101	x121	121	x126	96	121	217	250.24
8	14	Ross	MacKenley	Leeds	23/02/92	U23	94	88.2	65	70	80	106	x112	112	80	112	192	225.39
9	15	Martin	Williams		29/08/89	Sen	94	87.7	80	x85	x85	110	x115	x115	80	110	190	223.64
10	7	Adam	Davies	Gateshead	27/09/89	Sen	94	85.7	75	82	x91	100	106	x112	82	106	188	223.76
11	13	Tom	O'Haire	Leeds	16/04/89	Sen	94	92.2	x75	75	x80	105	110	x115	75	110	185	212.83
		69 kilo class																
1	1	Rebekah	Tiler	Mytholmroyd	13/01/99	U15	69	65.5	82	86	x88	110	114	116	86	116	202	261.7
2	4	Justine	Davis-Hurst	Bradford	25/02/67	Sen	69	68.6	50	53	x56	60	64	66	53	66	119	149.9
3	2	Matilde	Siou	Raise the Bar	03/04/01	U15	69	66.2	44	47	x50	54	x57	x58	47	54	101	130.0
	3	Sarah	Davies	Leeds	19/08/92	U23	69	63.7	DNS						0	0	0	0.0
		75 kilo class																
1	5	Lauren	English	Team Manchester	07/02/89	Sen	75	74.7	45	x49	50	55	x60	60	50	60	110	132.0
2	6	Emma	Coplin	Crossfit Manchester	09/01/86	Sen	75	69.2	41	x44	x45	55	x58	59	41	59	100	125.3
		75+ kilo class																
1	8	Millie	Lonsborough	Leeds	10/01/94	U20	75+	123	55	60	x65	70	75	x80	60	75	135	136.8
2	7	Jennifer	Stott	Crossfit Manchester	27/05/88	Sen	75+	77.2	37	39	41	58	x61	61	41	61	102	120.3

105 kilo class																	
1	1	Sean	Clarke-Tollance	CROSSFIT MANCHESTER	10/09/91	105	103.9	x120	120	x125	145	x150	x154	120	145	265	290.69
	2	JOSEPH	WALTON	LEEDS	23/12/91	105	104.0	x130	x135	x135	158	164	x174	0	164	0	0.00
105+ kilo class																	
1	5	Scott	Wong	Team Manchester	09/09/90	105+	112.0	115	121	x126	145	151	157	121	157	278	297.46
2	6	Paul	Jones-Smith	Sheffield Hallam	15/08/74	105+	124.7	90	100	105	140	148	155	105	155	260	270.29
3	8	Mark	Robinson	Sheffield Hallam	05/10/78	105+	110.0	105	x110	x110	x120	120	125	105	125	230	247.48
4	9	Andy	Walker	Parkhead	12/05/82	105+	119.6	93	98	101	116	120	125	101	125	226	237.37
5	4	Jalaal	Miller	Mytholmroyd	21/07/98	105+	131.8	90	x94	94	x110	x110	110	94	110	204	209.59
6	7	Daniel	Seaton	Crossfit Manchester	08/06/94	105+	114.3	77	80	x83	102	107	x112	80	107	187	198.88

BRITISH RECORDS

Sen U23 U20 U18 U17 U16 U15 U14 Engli: NIR Scotl Wales

Rebekah	Tiler	Mytholmroyd	Snatch	x	x	x	x	x	x		x
Rebekah	Tiler	Mytholmroyd	Clean & Jerk	x	x	x	x	x	x		x
Rebekah	Tiler	Mytholmroyd	Total	x	x	x	x	x	x		x
Jalaal	Miller	Mytholmroyd	Snatch						x		
Jalaal	Miller	Mytholmroyd	Total						x		

	Referee 1	Referee 2	Referee 3	Time Keeper	Recorder
1	Arthur Baker	Mel Barton	Simon Lynch	Don Walker	Steve Cannon
2	Gwylim Parry	Alan Whitworth	Matthew Whitworth		Paul Sheen
3	Arthur Baker	Sue Trebillcock	Bev Pattison	Sue Trebillcock	Paul Sheen
4	Alan Whitworth	Mel Barton	Don Walker	Matthew Whitwo	Paul Sheen
5	Arthur Baker	Sue Trebillcock	Omari Mears	Bev Pattison	Paul Sheen
6	Rebekah Tiler	Simon Lynch	Martyn Riley	Mel Barton	Chris Baker
7	Arthur Baker	Rebekah Tiler	Martyn Riley	Simon Lynch	Chris Baker

	Speaker	Loaders
1	Paul Sheen	Eddie Halstead, Chris Baker
2	Chris Baker	Peter Brzezinka, Shaun Clegg, Phil Harrison
3	Chris Baker	Scot Wong, Phil Harrison, Hakeem Babalola
4	Chris Baker	Sam Sheen
5	Chris Baker	Sam Sheen
6	Don Walker	Eddie Halstead, Paul Sheen
7	Steve Cannon	Paul Sheen, Sarah Davis