

NWL MASTERS WOMEN'S 55+ WEIGHTLIFTING RECORDS

Records last updated: Aug 12th 2017

CLASS	LIFT	RECORD HOLDER	RECORD	DATE
48kg	SNATCH CLEAN & JERK TOTAL			
53kg	SNATCH	Suzy TREBILLCOCK	49kg	Oct 1-8, 2016
	CLEAN & JERK	Suzy TREBILLCOCK	61kg	Mar 11-12, 2017
	TOTAL	Suzy TREBILLCOCK	110kg	Mar 11-12, 2017
58kg	SNATCH	Suzy TREBILLCOCK	54kg	Sep 12-19, 2015
	CLEAN & JERK	Suzy TREBILLCOCK	64kg	Jun 13-20, 2015
	TOTAL	Suzy TREBILLCOCK	117kg	Sep 12-19, 2015
63kg	SNATCH	Suzy TREBILLCOCK	54kg	Oct 04, 2014
	CLEAN & JERK	Suzy TREBILLCOCK	66kg	Oct 04, 2014
	TOTAL	Suzy TREBILLCOCK	120kg	Oct 04, 2014
69kg	SNATCH CLEAN & JERK TOTAL			
75kg	SNATCH CLEAN & JERK TOTAL			
75+kg	SNATCH CLEAN & JERK TOTAL			
90kg	SNATCH CLEAN & JERK TOTAL			
90+kg	SNATCH CLEAN & JERK TOTAL			