

NWL MASTERS MEN'S 55+ WEIGHTLIFTING RECORDS

Records last updated: Aug 12th 2017

CLASS	LIFT	RECORD HOLDER	RECORD	DATE
56kg	SNATCH	Nigel OWENS	48kg	Mar 27-28, 2010
	CLEAN & JERK	Nigel OWENS	59kg	Mar 27-28, 2010
	TOTAL	Nigel OWENS	107kg	Mar 27-28, 2010
62kg	SNATCH			
	CLEAN & JERK			
	TOTAL			
69kg	SNATCH	Stuart McCONVILLE	75½kg	Mar 19, 2005
	CLEAN & JERK	Mel BARTON	90kg	Mar 25, 2001
	TOTAL	Stuart McCONVILLE	155kg	Mar 19, 2005
77kg	SNATCH	Bill BARTON	90kg	Sep 02, 1994
	CLEAN & JERK	Bill BARTON	112.5kg	Sep 02, 1994
	TOTAL	Bill BARTON	202.5kg	Sep 02, 1994
85kg	SNATCH	Bryn JONES	96kg	Oct 15, 2016
	CLEAN & JERK	Bryn JONES	125kg	Mar 12-13, 2016
	TOTAL	Bryn JONES	220kg	Apr 2-3, 2016
94kg	SNATCH	Bryn JONES	95kg	Feb 6, 2016
	CLEAN & JERK	Bryn JONES	120kg	Feb 6, 2016
	TOTAL	Bryn JONES	215kg	Feb 6, 2016
105kg	SNATCH	Jogindar SINGH	85kg	Mar 27, 1999
	CLEAN & JERK	Jogindar SINGH	110kg	Mar 27, 1999
	TOTAL	Jogindar SINGH	195kg	Mar 27, 1999
105+kg	SNATCH	Dave ABLETT	90kg	Apr 04, 2004
	CLEAN & JERK	Dave ABLETT	122½kg	Apr 17, 2004
	TOTAL	Dave ABLETT	210kg	Apr 04, 2004