

**NWL MASTERS MEN'S 45+ WEIGHTLIFTING RECORDS**

Records last updated: Aug 12th 2017

<b>CLASS</b>	<b>LIFT</b>	<b>RECORD HOLDER</b>	<b>RECORD</b>	<b>DATE</b>
56kg	SNATCH	standard	48kg	
	CLEAN & JERK	standard	63kg	
	TOTAL	standard	111kg	
62kg	SNATCH	Mark BECK	83kg	Sep 12-19, 2015
	CLEAN & JERK	Mark BECK	105kg	Jun 13-20, 2015
	TOTAL	Mark BECK	187kg	Jun 13-20, 2015
69kg	SNATCH	Stuart McCONVILLE	82½kg	Feb 21, 1999
	CLEAN & JERK	Stuart McCONVILLE	97½kg	Feb 06, 1999
	TOTAL	Stuart McCONVILLE	180kg	Mar 26, 1997
77kg	SNATCH	Steve SHERWOOD	85kg	Feb 01, 1997
	CLEAN & JERK	Nick HALL	110kg	Oct 06, 2013
	TOTAL	Nick HALL	190kg	Oct 06, 2013
85kg	SNATCH	Bryn JONES	97kg	Feb 23, 2008
	CLEAN & JERK	Bryn JONES	127kg	Mar 14, 2009
	TOTAL	Bryn JONES	224kg	Mar 14, 2009
94kg	SNATCH	Bryn JONES	92kg	Mar 27-28, 2010
	CLEAN & JERK	Bryn JONES	122kg	Mar 27-28, 2010
	TOTAL	Bryn JONES	214kg	Mar 27-28, 2010
105kg	SNATCH	Robert CARPENTER	94kg	Jun 13-20, 2015
	CLEAN & JERK	Laurie THEWLIS	125kg	Mar 28, 1993
	TOTAL	Laurie THEWLIS	215kg	Mar 28, 1993
105+kg	SNATCH	Mark WAGER	120kg	Feb 04, 2012
	CLEAN & JERK	Mark WAGER	153kg	Nov 26, 2011
	TOTAL	Mark WAGER	269kg	Nov 26, 2011