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|  | **NORTHERN**  **Masters Weightlifting Championships.**  **OFFICIAL ENTRY FORM**  **RAICH CARTER SPORTS CENTRE, COMMERCIAL ROAD, HENDON, SUNDERLAND SR28PD.**  **Saturday 16th November 2024.**    **Weigh-In 8am 9am, Start 10 am.**  **ENTRY FEE £30.00.** | **NORTHERN MASTERS WEIGHTLIFTING** |

Please complete this form fully and in **BLOCK CAPITALS Asterisks denote mandatory fields.**

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| --- | --- | --- | --- |
| Name\* |  |  | |
| Address\* |  |  | |
| : | Post Code\* |  |
| Date of Birth\* | **/ /** | Gender\* |  |
| E-mail\* |  | Phone no. |  |

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|  | | Northern Masters Weightlifting Championships  Body weight category - **Please circle (or shade) the correct value \*** | | | | | | | | | | | | | | |  |
| Men: | 55 | 61 | 67 | 73 | 81 | 89 | 96 | 102 109 +109 | Women: | 45 | 49 | 55 | 59 | 64 | 71 | 76 | 81 87 +87 |

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| --- | --- | --- | --- |
| Total Achieved |  | Club. | |
| Age at 31st December\* |  | Age Group\* |  |
| Age Groups | M35, M40, M45, M50, M55, M60, M65, M70, M75, M80, M85+ and W35, W40, W45, W50, W55, W60, W65, W70, W75, W80, W85+. | | |

I realise I may be tested by the UKADA at the championships and agree to comply with the instructions of the UKADA and Officials. I will not leave the venue until given permission to do so by the relevant UKADA officials or any Designated Authority.

* The closing date for entries is the **Saturday 12th October 2024.**
* Proof of AGE must be presented at the Weigh-In.
* In submitting this entry form you must pay the **entry fee of £30 by the closing date and complete and submit the entry form**. **If payment is not received by the closing date your name will not go onto the start list.**
* **This championship will be run according to the IMWLA Masters technical rules.**

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| Payment can be made by cheque, postal order, or bank transfer to **Northern Weightlifting Clubs.** please indicate by striking through\* - **Cheque** or **Bank**  Bank transfer to **BARCLAYS Bank plc** **Sort Code 20-11-81 Account No. 30993344 By** bank transfer your name must be used as the payment reference to substantiate your entry\*.  Mail cheques and/or entry forms to - Chris Baker - 52, Surrey Crescent, Consett, Co Durham, DH8 8HT  Tel: 07849 181705 Email: jcb.cwlc@hotmail.co.uk |

I declare that I am physically fit to undertake the sport of weightlifting and have no knowledge of any medical condition which will make weightlifting contra-indicated to my well-being.

Signed \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Data Protection Act 1984: Information supplied on this form may be held on computer.