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|  |  **NORTHERN****Masters Weightlifting Championships.** **OFFICIAL ENTRY FORM** **RAICH CARTER SPORTS CENTRE, COMMERCIAL ROAD, HENDON, SUNDERLAND SR28PD.**  **Saturday 16th November 2024.****Weigh-In 8am 9am, Start 10 am.** **ENTRY FEE £30.00.**  | **NORTHERN MASTERS WEIGHTLIFTING** |

Please complete this form fully and in **BLOCK CAPITALS Asterisks denote mandatory fields.**

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| Name\*  |   |  |
| Address\*  |   |  |
| :  | Post Code\*  |   |
| Date of Birth\*  |  **/ /**  |  Gender\*  |   |
| E-mail\*  |   |  Phone no. |   |

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|  |  Northern Masters Weightlifting Championships  Body weight category - **Please circle (or shade) the correct value \***  |  |
| Men:  | 55 | 61  | 67  | 73  | 81  | 89  | 96  | 102 109 +109 | Women:  | 45  | 49  | 55  | 59  | 64  | 71  | 76 | 81 87 +87  |

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| Total Achieved  |   |  Club. |
| Age at 31st December\*  |   | Age Group\* |   |
| Age Groups  | M35, M40, M45, M50, M55, M60, M65, M70, M75, M80, M85+ and W35, W40, W45, W50, W55, W60, W65, W70, W75, W80, W85+.  |

 I realise I may be tested by the UKADA at the championships and agree to comply with the instructions of the UKADA and Officials. I will not leave the venue until given permission to do so by the relevant UKADA officials or any Designated Authority.

* The closing date for entries is the **Saturday 12th October 2024.**
* Proof of AGE must be presented at the Weigh-In.
* In submitting this entry form you must pay the **entry fee of £30 by the closing date and complete and submit the entry form**. **If payment is not received by the closing date your name will not go onto the start list.**
* **This championship will be run according to the IMWLA Masters technical rules.**

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| Payment can be made by cheque, postal order, or bank transfer to **Northern Weightlifting Clubs.** please indicate by striking through\* - **Cheque** or **Bank** Bank transfer to **BARCLAYS Bank plc** **Sort Code 20-11-81 Account No. 30993344 By** bank transfer your name must be used as the payment reference to substantiate your entry\*.  Mail cheques and/or entry forms to - Chris Baker - 52, Surrey Crescent, Consett, Co Durham, DH8 8HT  Tel: 07849 181705 Email: jcb.cwlc@hotmail.co.uk   |

I declare that I am physically fit to undertake the sport of weightlifting and have no knowledge of any medical condition which will make weightlifting contra-indicated to my well-being.

Signed \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Data Protection Act 1984: Information supplied on this form may be held on computer.