FEATHERSTONE W.L.C

DEVELOPMENT MATCH

On Saturday the 10th October 2015 Featherstone W.L.C held a very successful match to promote the development of their recent influx of promising young lifters.

The event has left the six lifters, five of which development stage lifters, all but one lifting in a match for the first time!

Eight year old Olivia Richardson, her nine year old brother Jacob, ten year old Sydney Burnett and eleven year old Olivia Walker all lifted alongside two time British champion Kobain Riley and each lifter showed improved technique and attitude as they all produced promising totals.

Beth Healey, fifteen, is very dedicated to her training and it is showing as she produces promising results on her snatch and clean and jerk as she looks to have good potential going forwards.

Thanks to Allan Whitworth who coaches Beth and Martyn Riley coaching the development lifters. Thanks to club members Paul Foster, Mark Wager, Simon Walker and Nick Hall for their help before and during the event. Also thanks to Paul Sheen and Wakefield W.L.C for their support and equipment loan for match.

The Results are on the table below but the most pleasing part of the event is each lifter was very nervous before and each lifter performed and applied themselves so well that they will be looking forward to the Northern Schools in Cheshire in November and the British School and Youth championships next year been held local for them in Castleford.

Report by Martyn Riley, Featherstone WLC

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| Name | Age | BDWT | SNATCH | CLEAN AND JERK | TOTAL |
| Olivia Richardson | 8 | 40.5 | 10 (3)  12 (2)  12 (2) | 11 (2,3)  13 (2,3)  15 (2,2) | 73 (21) |
| Jacob  Richardson | 9 | 52.2 | 8 (1)  10 (1)  11 (1) | 13 (1,2)  15 (1,2)  17 (1,2) | 74 (12) |
| Sydney Burnett | 10 | 28.9 | 6 (2)  7 (2)  8 (2) | 9 (2,3)  11 (2,2)  12 (2,2) | 53 (19) |
| Kobain  Riley | 10 | 56.5 | 10 (2)  12 (2)  14 (2) | 15 (2,3)  17 (2,3)  20 (2,2) | 88 (20) |
| Olivia  Walker | 11 | 58.4 | 10 (3)  12 (2)  14 (2) | 15 (2,3)  17 (2,3)  20 (2,3) | 88 (27) |
| Beth  Healey | 15 | 94 | 40  43x  43 | 55  60  65 | 108 |