

BRITISH WEIGHT LIFTERS' ASSOCIATION

PROCEDURE FOR ANTI-DOPING TESTING AT WEIGHTLIFTING AND POWERLIFTING COMPETITIONS

- 1 All international competitions held in the UK shall be notified by an Event Registration Form to the BAWLA Drug Control Officer giving 90 days notice by Divisional Secretaries of Home Countries and / or Director of Weightlifting, Powerlifting and the British Disabled Lifters' Association.
- 2 All national, divisional and club competitions held in the UK shall be notified to BAWLA Drug Control Officer giving 30 days notice by:
 - (a) National Championships Weightlifting and Powerlifting Directors
 - (b) Divisional Championships Divisional Secretaries or Representatives
 - (c) Masters Event Secretary of British Masters
 - (d) Disabled Secretary of British Disabled Lifters' Association
 - (e) British League Secretary of British Weightlifting League
- 3 Competition not registered with the BAWLA Drug Control Officer shall not be recognised for the purpose of qualification for international and national selection, national squads, national and divisional records, national and divisional titles and national rankings.
- 4 The BAWLA Drug Control Officer will enter all data from the Event Form on to the Events Register and submit to the UKSC Anti Doping Directorate. Incompleted forms will be rejected.
- 5 The UKSC Anti Doping Directorate will select the competitions for anti doping testing and will send the appropriate number of officials to the competition. Agreement of numbers to be tested will be agreed with the BAWLA Drug Control Officer, BAWLA Chief Executive and the UKSC Anti Doping Directorate.

Competitions

- 6 Before the weigh in, all lifters will complete and sign the competition registration form for out of competition testing.
- 7 The Independent Sampling Officers from the UKSC Anti Doping Directorate will not notify the Technical Officer of their attendance at Championships or competitions until after the completion of the first weigh in.
- 8 The Championship or competition organiser will provide non alcoholic or caffeinated drinks in sealed cans or bottle (minimum requirement is bottled mineral water).
- 9 The Independent Sampling Officers and the BAWLA Technical Officer and one or two lifters shall verify:
 - (a) the number of lifters

- (b) names of lifters (on dark coloured card)
- (c) eliminate lifters who are under the age of sixteen (16)
- (d) Shuffle the cards and place (name down) on a table.

This procedure shall be kept confidential until the end of the competition.

- 10 The lifter (s) will select randomly a number of cards corresponding the number of agreed tests to be conducted. The cards shall not be disturbed, but initialled by the representative lifters. The selected cards shall be placed in one envelope. All other cards in another envelope. The lifter (s) will now leave the proceedings.
- 11 The Independent Sampling Officers and the BAWLA Technical Officer will verify the names of selected lifters and record on UKSC forms.
- 12 When the selected lifter has finished competing they will be informed by the BAWLA Technical Officer and /or Independent Sampling Officer that they have been chosen for Anti-doping testing.
- 13 The lifter will complete the Sample Collection form with the assistance of the Independent Sampling Officer and according to the procedures detailed UK Sports Council “Competitors and Officials Guide to Drugs and Sport and Testing Procedures leaflet ” will be followed.
- 14 Once all selected lifters have been informed that they are required for testing, then the lifter (s) who performed the draw, may see the cards that they initialled and check that the those lifters have been chosen randomly according to the rules.
- 15 Those lifters not selected for testing may be released from the competition once they have finished, and the BAWLA Technical Officer has signed the competition registration out of competition testing form (pink copy).
- 16 The Independent Sampling Officers and the BAWLA Technical Officer shall complete a competition record form to verify the data and record that the testing procedure was satisfactory or record any problems that occurred.

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Event:
Date:
Venue:

<u>BAWLA Technical Officer/s</u>	<u>Independent Sampling Officer/s</u>	<u>Lifters performing the Draw.</u>
<u>Lifters Selected</u>	<u>Chaperone</u>	

Comments regarding the Testing Procedures

Championships results attached / to be forwarded*

(*delete as appropriate)

Signed

BAWLA Technical Officer

Independent Sampling Officer

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