**NORTHERN MASTERS**

**HELD AT MYTHOLMROYD COMMUNITY CENTRE**

**2ND FEB 2014**

There were 31 entrants for the Northern Masters at Mytholmroyd with 7 ladies, 24 men and 2 guests all split into 3 groups with all the ladies in the first group the eldest men in the second and the younger men in the third.

The first group started at 12pm and the first weight in the snatch for Lynn Dolman in the W65 was 24kg then 25kg and finally 26kg. In the clean and jerk, Lynn only managed her second lift successfully with 32kg but the total was good for the title. Also on her own was Suzy Trebillcock in W55, who got going well with her opening lift of 48kg and a good second with 51kg but failed her third with 54kg. In the clean and jerk Suzy opened with 58kg then got a second good lift with 61kg but failed to jerk her third with 63kg, but won the title.

In the W45 age group there were 2 lifters, Jo McManus in the 53kg class and Justine Davis-Hurst in the 69kg class. Jo started with 48kg then Justine with 50kg. Jo then got a good lift with 51kg and Justine with 53kg. Jo missed her third with 53kg and Justine failed with 55kg. In the clean and jerk Jo opened with 59kg and Justine with 60kg, both good lifts. Jo got a good lift at 61kg for her second lift and Justine went to 63kg but failed the jerk as did Jo with her third lift, but finished with 112kg total and the title. Justine then moved up to 65kg but missed again on the jerk but her total was good enough for the title.

There were 2 lifters in the W40 age group, Kath Millard in the 63kg class and Melanie Egerton in the 53kg class. The first weight for Kath was 25kg then Melanie with 26kg, both good opening lifts. Second lift for Kath and another good lift was 27kg. Melanie then went up to 28kg but failed both second and third attempts. Kath also failed her third with 30kg. In the clean and jerk Melanie started with 34kg, followed by Kath with 35kg. Melanie's second with 36kg was a good lift as was her third with 37kg, which gave her the title. Kath went to 38kg for her second good lift but failed with 40kg on her third, but it was enough to win the title.

In the W35 age group new comer Stella Sewell in the 63kg class got her first lift with 30kg. She missed her second with 34kg but got it on her third lift. In the clean and jerk Stella started with 40kg but was unsuccessful on her second and third lifts with 45kg but the total she got won her the title.

The second group was the first of the men's groups, starting with our older gentlemen in the M75 age group. There were 6 lifters, the first being Alex Hart with a good lift of 32kg. He was also successful with 35kg. When the bar got to 37kg Eric Dolman took his first successful lift as did Arthur Baker and Alex with his third attempt. When the bar got to 40kg we called Frank Howgate for his first good lift. Eric kept the good lifting going also with 40kg, as did Arthur with 41kg. Frank’s second good lift with 42kg and was also a good final lift for Eric. Next was 43kg and there were 2 lifters starting, first Alan Lomax and then John Kersh, both with good lifts as was Arthur with his third. Frank had a go with 44kg but failed the lift and the bar moved up to 45kg for Alan and John to carry on their success on their second attempts. When the bar got to 47kg John kept the good lifts going but Alan was just short with the pull and failed the lift.

In the clean and jerk Alex failed his first lift with 40kg he then moved up to 45kg but this was for Eric to have his first good lift. Also with 45kg and a good lift was Arthur then Alex managed his second lift with 45kg. The bar moved to 48kg for Frank to take his first good lift and the bar then rose to 50kg, but this was not his second attempt as he was one of 3 wanting this weight. First out was Eric with a good lift as was Arthur, then it was Frank’s second successful lift. Next out for his third also with 50kg was Alex but he failed on the jerk to finish with an 82kg total. Eric managed a good lift with 53kg to get a total of 95kg, but Frank then missed with this weight giving him a total of 92kg, but enough to win his class. Arthur’s third with 55kg won him his class beating Alex 98kg to 82kg. The weight moved up to 60kg for Alan’s first good lift as was John’s. Unfortunately John then had to pull out with an injury, but his total of 107kg was enough for him to win his class, leaving Eric in second place. Alan went to 63kg and then 65kg to total 110kg and win his class.

In the M60 age group was Michael Ashcroft on his own. He lifted only one snatch with 70kg but on the clean and jerk got all 3 good lifts, first with 79kg then 83kg and then a good final lift 87kg giving Michael a total of 157kg.

Next were age groups M55 and M50. First in the M55 62kg class Paul Lynas opened with 57kg but failed both his next 2 lifts with 60kg. Also in the M55 was Paul Sheen in the 105kg class. He started with 75kg then got another good lift with 80kg but failed his third with 85kg. In the clean and jerk Paul Lynas began with 70kg, missed his second with 75kg but was successful on his third with the same weight to finish with a total of 132kg. The bar then went up to 90kg for Paul Sheen’s first good lift, as were his next 2 lifts with 95kg and 100kg for a total of 180kg.

In the M50 age group there were 5 lifters in 4 weight classes. The first weight on the bar was 60kg for Malcolm Nuttall, then 63kg for Michael Bakewell’s first good lift. The bar moved up to 65kg for Paul Doyle to open his account. Also with 65kg for his second good lift was Malcolm who then went to 67kg for his third good lift. Up 1kg to 68kg and another good lift for Michael. The next weight was 71kg for Paul’s second, but he failed the lift as did Michael on his third with 72kg, but Paul then pulled a great third lift with 73kg. Next weight on the bar was 80kg for Nick Hall’s first good lift, as was Bryn Jones with 85kg. Nick also attempted 85kg for his second lift but failed however he had a moment to think and then pulled in a good third with 85kg. Bryn then jumped to 90kg for his second good lift and then again got a very good third at 93kg.

Michael started the group off in the clean and jerk with his first good lift with 74kg and again with 79kg. Malcolm then raised the bar to 80kg for his first good lift, then both Michael and Malcolm went to 83kg and both were successful, Michael getting a good total of 151kg. Malcolm still had one lift to go but had to wait for Paul to take his first weight with 85kg. Malcolm then also got 85kg and finished with a good total of 152kg. Paul for his second lift then moved up to 92kg, which was also a good lift. He then tried 97kg but missed the jerk after a good clean. The bar then rose to 110kg for Nick to take his first good attempt .Nick then jumped 5kg which was the first lift for Bryn with 115kg and a good start. Nick failed both second and third attempts with this weight but finished with a 195kg total. Bryn then took 120kg for his second good lift and then 124kg to finish with a massive 217kg total to end the second group.

In the final group there were 10 masters from M45 to M35 with 2 guest lifters in the M45 age group. First weight on the bar for John Illot was 50kg. John then moved the weight to 53kg but missed the lift and then raised the bar but this time the bar got to 55kg and was the first lift for Stuart Treadwell. Stuart failed to pull high enough and dropped the bar and went up. This then fetched out John for his final lift with 56kg which was a good lift. This gave Stuart a rest and time to think as he raised the bar to 57kg for his second, but again failed the lift with a slow pull. On his third attempt he got it right and got the good lift he was looking for at 57kg. Next weight on the bar was 70kg for Peter Rainford’s first lift, which he got. The bar then rose to 75kg for the first attempt of Robert Carpenter and a good opener. This was also a good second lift for Peter. Next weight for Robert was 80kg for his second good lift, which was also a good third for Peter. Robert managed a good third too with 82kg. The bar went up to 95kg for Mark Wager’s successful opening lift, then he went to 100kg for his second attempt, also a good lift. Mark then took 105kg for his third but failed the lift with a short pull.

In the clean and jerk the first weight was 50kg for Stuart’s first good lift. The bar was then raised to 58kg for John to make for a good lift, which he did. Stuart was next out with 60kg for his second and then John with 62kg. A final good lift from Stuart at 63kg won him his class. The bar was then taken to 67kg for John’s last lift, with which he won the 85kg title. The bar was then taken to 100kg for Mark’s first clean and jerk which was a good lift. Robert however had a bad attempt and missed the lift also with 100kg but made amends on his second go. The bar went then to 105kg for Peter’s first attempt which was a good lift, and for Robert’s third also with 105kg, which got him the title in the 105kg class. The bar went to 110kg for Mark’s second good lift, as it was for Peter with the same weight. Peter then went to 115kg but failed the jerk. Mark took a big jump to 125kg, got a good clean and finished with a nice jerk to take the 105+ title.

There were just 2 lifters in the M40 age group. First lifter with 73kg was Jason Young in the 69kg class, then Mark Beck in the 62kg class with 76kg, both good lifts. Jason then went for 78kg for his second good lift but missed his third with 80kg. Mark was out next with 81kg but just pulled short and failed the lift. He then jumped to 86kg for a new best but failed. In the clean and jerk Jason was first out with 95kg. Mark followed with a successful 96kg. Jason jumped to 100kg but missed the jerk and went up so Mark then went for 101kg and got the good lift he was looking for. Jason then tried 102kg but again failed the lift, but took the title in the 69kg class. Mark in form had a go with 106kg and got the lift to win the 62kg class.

In the last age group M35 were 3 lifters and the first out was Daniel Kent with 62kg. He then moved to 67kg and got another good lift. He missed his third though with 72kg. The bar rose 1kg to 73kg for Mark Helme to take his first attempt in his first competition. This was a good lift. He then raised the bar to 77kg but failed on both second and third attempts with the same weight. The bar moved up to 80kg for Robert Walker’s first good lift, he then failed with 82kg but got it on his third.

In the clean and jerk Daniel started with 86kg for his first good lift. Next on the bar was 92kg but this time for Mark for his first attempt which was a good lift. Both Daniel and Mark then took 96kg for Daniel’s third and Mark second and third attempts. They failed all the lifts with this weight but made totals. The bar took a jump to 108kg for Robert’s first attempt but he failed the jerk. He then took the same weight and this time got the 3 white lights for a good lift as was his third with 110kg, giving him the title.

We had 2 guest lifters, Martyn Riley and Joe Walton. Martyn managed good lifts to show off to his son, a 70kg snatch and 85kg clean and jerk. Joe got his opening snatch with 130kg and a good clean and jerk with 155kg qualifying him for the English Championships in February.

Big thanks to the loaders and the referees who worked through the day to make the competition run smoothly. Thanks to the speakers, Bill and Bryn, who were very professional and informative.

Cheers, Ed Halstead  
NWL Weightlifting Secretary